

# COUNTRY CLUB HILLS

## SUNDAY STROLLS

YOU CAN JOIN IN, EVERY SUNDAY, FROM 5 – 7 PM!

STRETCH YOUR LEGS AND ENJOY A PLEASANT EVENING STROLL, (JOG, BIKE OR SKATE, WHATEVER SUITS). MAKE PLANS WITH A NEIGHBOR FOR A WALK OR MEET SOME ALONG THE WAY. NOT UP FOR A WALK? IT'S ALSO A GOOD TIME TO PULL OUT SOME CHAIRS AND ENJOY THE FRESH AIR FROM THE COMFORT OF YOUR OWN FRONT YARD. WHO KNOWS, YOU MIGHT CATCH UP WITH SOME OLD FRIENDS OR MAKE SOME NEW! FOR MORE INFORMATION CHECK OUT THE "UPCOMING EVENTS" LINK AT [CCHCA.ORG](http://CCHCA.ORG) OR CONTACT [FRASERFAMILY@COX.NET](mailto:FRASERFAMILY@COX.NET)



WALKSTROLLJOGDOGWALKWALKRUNJOGBIKESKATEWALKWALKJOGRUNWALKBIKEJOGSTROLLWALKDOG